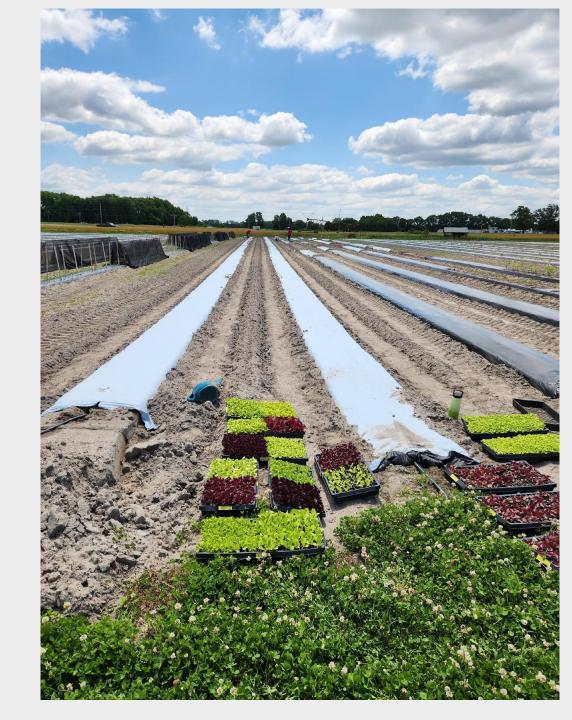


Lettuce for Hot Weather: Effects of Variety, Mulch, and Shade

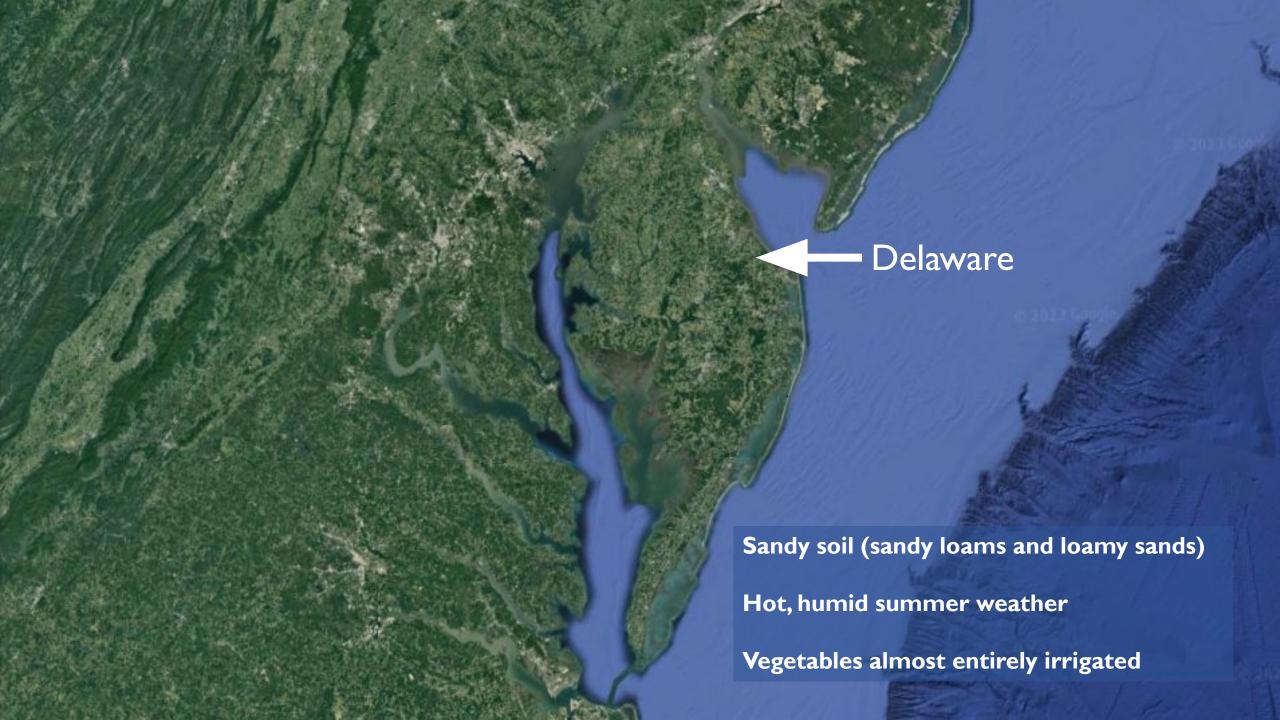
Emmalea Ernest

University of Delaware Extension Fruit & Vegetable Specialist emmalea@udel.edu



Dela-Where?





Avoiding Heat-Induced Quality Problems in Lettuce

- High temperatures promote flowering (bolting)
- High temperatures cause bitter flavor to develop







Bolting occurred in most varieties planted in a fall trial in 2012. This trial was planted on August 15.

Avoiding Heat-Induced Quality Problems in Lettuce

Heat Tolerant Varieties

Tested in trials in: 2012, 2018, 2019, 2023, 2024

Shade Cloth

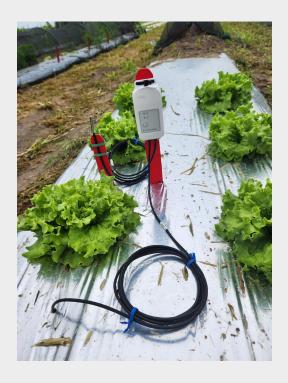
Tested in trials in: 2018, 2019, 2023

White or Silver Mulch

Tested in trials in: 2019, 2023, 2024









June 12, 2023



July 5, 2023



July 3, 2024



July 11, 2024

2023 Trials

I4 varieties
White mulch, 30% black shade
Transplanted June 5 and June 22
Harvested early July and early August

2024 Trials

28 varieties
White & silver mulch, no shade
Transplanted June 6 and July 10
Harvested early July and mid August

Flavor Ratings for Lettuce Varieties Transplanted on June 5 and Harvested in Early July

Variety Name	Туре	Average Flavor Rating*	
Skyphos	Butterhead, Red	1.04	a**
Muir	Batavia, Green	1.08	ab
Nevada	Batavia, Green	1.13	abc
Jericho	Romaine	1.17	abc
Salanova Red Tango	One-Cut, Red	1.33	abc
Sunland	Romaine	1.38	abc
Salanova Red Butter	On-Cut, Red	1.42	bcd
Verigo	One-Cut, Green	1.46	cde
Rubygo	One-Cut, Red	1.75	def
Salanova Green Oakleaf	One-Cut, Green	1.79	efg
Adriana	Butterhead, Green	1.92	fg
Starfighter	Leaf, Green	2.04	fg
Salanova Green Butter	One-Cut, Green	2.13	g
Red Cross	Butterhead, Red	3.21	h

^{*}Flavor was rated on a 1-4 scale with ratings 1 and 2 having marketable flavor and 3 and 4 being un-marketable.



^{**}Averages followed by the same letter are not statistically different from one another.

Flavor Ratings for Lettuce Varieties Transplanted on June 5 and Harvested in Early July

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Salanova Green Butter	One-Cut, Green	2.13	g
Red Cross	Butterhead, Red	3.21	h

^{*}Flavor was rated on a I-4 scale with ratings I and 2 having marketable flavor and 3 and 4 being un-marketable.



Only Muir and Nevada produced marketable lettuce when transplanted on June 22 and harvested in early August.

^{**}Averages followed by the same letter are not statistically different from one another.

Flavor and Bolting for Lettuce Varieties Transplanted on June 6 and Harvested in Early July

	Silver		White			
	% Bolted	Flavor	% Bolted	Flavor		
Baja	17	1.0	6	1.0		
Kalura	0	1.1	0	1,1		
Nevada	6	1.1	0	1.1		
Smile	50	1.0	44	1.2		
Muir	0	1.1	0	1.2		
Sparx	39	1.1	33	1.3		
Skyphos	0	1.1	0	1.3		
Panisse	39	1.3	33	1.2		
Mikola	0	1.0	0	1.5		
Slogun	22	1.5	22	1.1		
Hanson Red	0	1.3	0	1.3		
Victoria Batavian	П	1.5	6	1.2		
Salnova Red Tango	0	1.6	0	1.2		
Sunland	6	1.4	0	1.4		
Magenta	6	2.0	11	1.0		
Chalupa	0	1.5	0	1.6		
Bambi	50	1.9	56	1.2		
Galisse	П	1.7	22	1.5		
Romulus	22	1.6	6	1.6		
Ear of the Devil	50	1.6	50	1.8		
Vulcan	50	1.2	50	2.3		
Sangria	50	1.6	50	2.3		
Winter Density	17	2.3	6	1.8		
Saragossa	0	2.6	0	1.9		
lericho	50	2.1	44	2.5		
Green Star	50	2.7	44	2.5		
Tropicana	50	2.2	50	3.1		
Bunyards Matchless	100	NA	100	NA		



Baja, Kalura, Nevada, Muir, Skyphos, Mikola, Hanson Red, Salanova Red Tango and Sunland

Mulch Treatments

Bare Ground Black White Silver

Shade Treatments

30% Black Shade Cloth No Shade

Variety Treatments

Muir Green Saladbowl Skyphos Alkindus

Transplanted

June 5, 2023 July 20, 2023



Harvest Dates

July 6 & 13 September 1 & 18

Harvest Measurements

Plant Weight Bolting Flavor

Microclimate

Monitored soil and air temp in Trial 2





Treatment Effects on Plant Weight

Effect of Mulch Effect of		Effect of Sh	ade	Effect of Variety	
Treatment	Plant Wt (g)	Treatment	Plant Wt (g)	Treatment	Plant Wt (g)
Silver	201 a	No Shade	189 a	Green Saladbowl	205 a
Black	173 b	Shade	151 b	Muir	199 a
White	162 c			Skyphos	179 b
Bare	144 d			Alkindus	96 c
p-value <0.0001		p-value <0.0001		p-value <0.0001	

All mulch colors separated statistically.

No shade produced bigger plants than shade.

Green Saladbowl and Muir produced the biggest plants.

Alkindus produced the smallest plants.

Silver produced the biggest plants and bare ground produced smallest plants.

flavor.

Treatment Effects on Flavor Rating

Effect of Mulch Effect of Shade		Effect of Variety			
Treatment	Plant Wt (g)	Treatment	Plant Wt (g)	Treatment	Plant Wt (g)
Silver	1.2 a	No Shade	1.4 a	Skyphos	1.2 a
White	I.4 b	Shade	1.5 a	Muir	1.2 a
Black	1.5 c			Green Saladbowl	1.6 b
Bare	1.7 c			Alkindus	1.8 c
p-value <0.0001		p-value 0.5775		p-value <0.0001	
Silver produced t	he least bitter	least bitter Shade treatment did not affect lettuce Skyphos and Muir produced the le		uced the least	

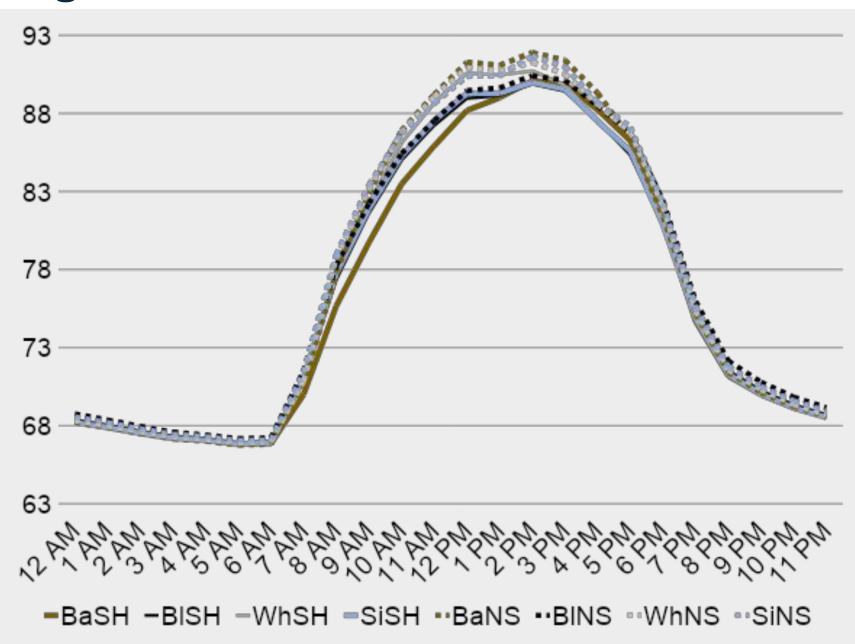
Black & bare ground produced the most bitter lettuce.

lettuce.

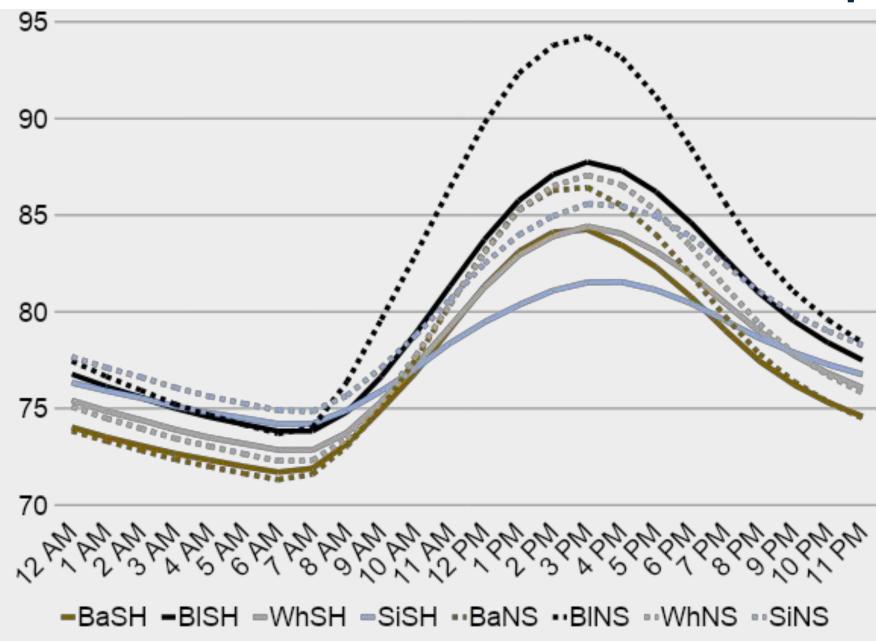
Alkindus produced the most bitter lettuce.

bitter lettuce.

Using Shade Cloth and Mulch in Lettuce – Air Temp Effect



Using Shade Cloth and Mulch in Lettuce – Soil Temp Effect



Avoiding Heat-Induced Quality Problems in Lettuce

Heat Tolerant Varieties

Tested in trials in: 2012, 2018, 2019, 2023, 2024

Some varieties have significantly lower levels of bolting and bitter flavor development.

The effect of variety is statistically significant and meaningful in the "real world".



Shade Cloth

Tested in trials in: 2018, 2019, 2023

In 2018 and 2019 trials, shade cloth reduced bitter flavor but increased bolting.

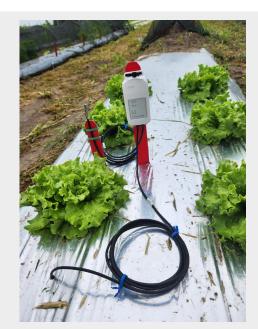
In 2023 trials, shade did not impact bolting or bitterness.



White or Silver Mulch

Tested in trials in: 2019, 2023, 2024

White and silver mulch reduced bolting and bitterness in 2019 and 2023 trials. White had lower bolting than silver in July-planted 2024 trial.



Summer Lettuce Challenges

Starting Transplants



Not Bolted ≠ **Tasty**



Physiological Disorders







Mohammad Mirnezhad, Bugwood.org

Thank You!

Partially funded by Delaware Department of Agriculture Specialty Crop Block Grants:

Developing Practices to Minimize High Temperature Stress in Vegetable Crops 2017-2020

Identifying Varieties and Management Practices for Summer Production of Lettuce and Greens 2022-2025

Vegetable Program Seasonals

Austin Truitt, Ketsia Murat, Paige Sammons, Lily Hearn, Arely Arriaga-Gonzalez, Mya Jones, Brayden Hearn, Twyla Beachy and Sam Cooke

Lyndsie Mikkelsen, Vegetable & Fruit Agent

Carvel Research & Education Center Farm Crew



