# Covering Ground: Interseeded Cover Crops in Late Season Vegetables



#### GLADYS ADU ASIEDUWAA

December 14 2022









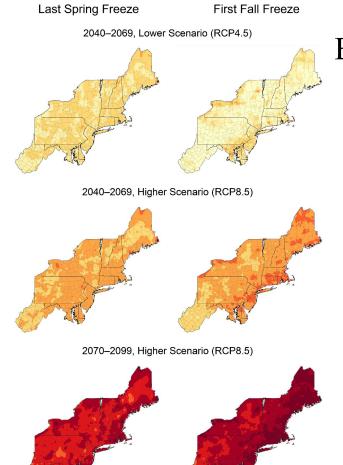
United States Department of Agriculture National Institute of Food and Agriculture

# Background



Results from a survey about cover cropping practices on Maine farms (n=27), showed that 77.8% of respondents (n=21) are limited in their ability to plant cover crops due to "late season cash crops coming out too late".

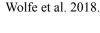
• 74.1% of respondents (n=20) stated that research-based data about interseeding in the Northeast would help them with decision making about late season cover cropping.



Change in Number of Days

# Background

Climate change forecasts relevant to the northeast suggest that the region is likely to experience longer spring wet periods in coming decades, making bare spring soils increasingly vulnerable.



# Background









# Background

#### <u>Aim</u>

To assist Northeast vegetable farmers to plant more acres in cover crops and improve soil health, this project will develop evidence-based recommendations for interseeding cover crops into late season vegetables. We will assess timing of cover crop seeding, seeding methods, and species selection.



## Research Questions

1. How does interseeding cover crops in late season cabbage and, separately, sweet corn affect crop productivity?

2. What planting methods work best to establish interseeded cover crops?

3. What planting dates (based on crop growth stage) will optimize both cover crop biomass development and cash crop productivity in the Northeast?

4. What cover crop species are best suited for late-season establishment in our region?

5. What are the equipment, timing, labor and other barriers to establishing a cover crop in an established sweet corn or fall brassica crop in Northern New England?

# Hypothesis

1. Interseeding at an appropriate growth stage of sweet corn and fall cabbage will result in high cover crop biomass with no negative effects on the crops.

2. Incorporation of cover crop seed into the soil will result in the best cover crop germination, biomass, and weed control.

3. Utilizing lower biomass cover crops such as annual ryegrass and crimson clover will minimize nutrient and water competition with cash crops.

#### **Experimental Plot**

- 3 Trials at University of Maine Roger's Farm over 2 seasons (2022 and 2023 growing seasons).
- 4 On-Farm Demos.

#### The 4 proposed research farm trials were

#### Trial A

- Timing x seeding method in **Sweet Corn** (Annual Ryegrass+Crimson Clover).
- Timing x seeding method in **Cabbage** (Annual Ryegrass+Crimson Clover).
  - O 25 lb/A 60% ryegrass:40% clover



#### Trial B

Cover crop species trial in Sweet corn (Annual Ryegrass+Crimson Clover : Oat+Pea : Winter Rye+Hairy 8 Vetch).

#### **Trial A: Cabbage Timing Trial**

#### <u>Timing treatments</u>

Cabbage- 17 Days After Transplanting (DAT), 23DAT, 31DAT, Post Harvest

#### Seeding method treatments

Broadcast cover crop seed, Broadcast and Incorporate, Drill (Earthway Seeder)

#### <u>Variety</u>

Storage #4

#### **Spacing**

- Beds 5.5ft center to center.
- 18" between-rows in bed, 18" in-row spacing.



#### **Trial A: Corn Timing Trial**

#### **Timing treatments**

• Corn- v3, v5, v7, and Post Harvest

#### Seeding method treatments

 Broadcast cover crop seed, Broadcast and Incorporate, Drill (Earthway Seeder)

#### **Variety**

Montauk

#### **Spacing**

• 30" between rows. seeded with corn seeder.

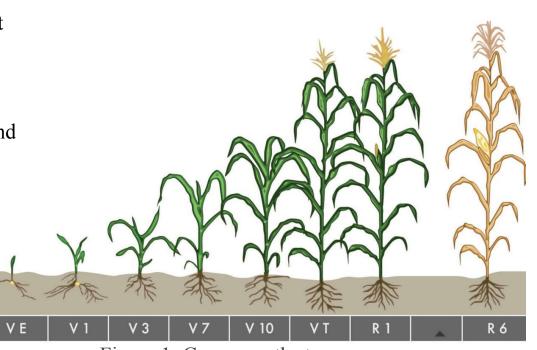


Figure 1: Corn growth stages

#### Corn seeder planting corn

#### Cabbage being watered after transplanting



# Research Layout

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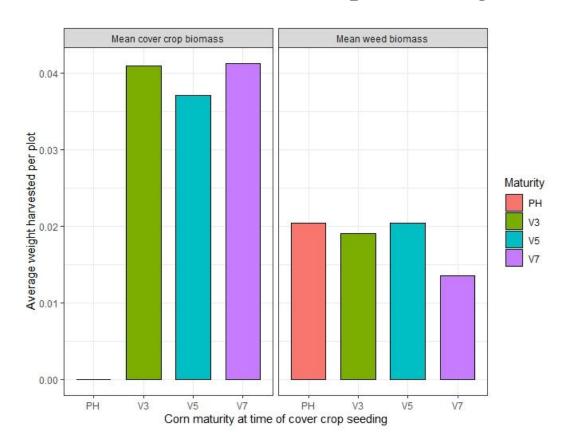
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- Soil Nitrate
- Soil Moisture
- Weed Biomass
- Crop Yield
- Cover Crop Biomass

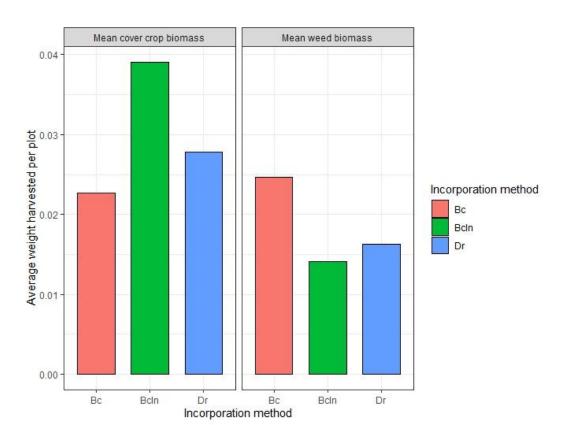
PROJECT TIMELINE	Corn Trial	Cabbage Trial
Crop Planted/Transplanted	July 5	July 26
1st Cover Crop Seeding	August 3 (V3)	August 12 (17 DAT)
2nd Cover Crop Seeding	August 18 (V5)	August 18 (23 DAT)
3rd Cover Crop Seeding	August 30 (V7)	August 26 (31 DAT)
Harvest	September 27	October 20



# There is no statistical difference observed when cover crop is planted at different corn development stages.



# Broadcasting and incorporation of cover crop seeds leads to higher cover crop biomass, and lower weed biomass



# Corn species cover crop biomass assessment





## Potential Drawbacks

• Row Spacing

Herbicide Interactions

• Labor Demands at Seeding Time

Pest Concerns



# **Equipment Options**

- Seed mixed with Fertilizer in spin spreader at sidedressing and last cultivation
- G-Cultivator with front mounted drop spreader, and belly seeding units.
- Strawberry Rotovator can be adjusted to work in seed over plastic or between rows
- Orbit Air Seeder for sidedressing or interseeding in corn.
  - Drop tube has deflectors to spread seed
  - Lilliston cultivators for incorporat



# **Next Steps**

• Analysing results of 1st year trials.

Second year of trials Fall 2023.

• Publications, guides and outreaches through field days.

# Wrap Up

- The cover crop timing treatments showed no significant differences on crop yields.
- Final cultivation lines up well with previous research findings of optimal timing for interseeding.
- Incorporation of seeds lead to a better cover crop biomass, and reduced weed density.
- Growers are using a diversity of available equipment to streamline this practice.
- Get creative and trial on a small scale. Feel free to reach out and keep us posted with your experiences.



#### References

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